



This Sunday, 18 October

Joins us, in person, at either our 9.15am, 11am or 6.30pm services.

As we come back we really want you to feel safe and secure in the building. Book your place via our website stpaulsealing.com. The key information that you will need to know will be sent to you in the confirmation email you will receive when you reserve a seat. Please be aware we have a limited capacity due to the physical distancing we need to maintain & there are no kids groups at these services at present.

9.15 & 11am - Morning Worship & Communion / Conversations with Jesus: Nicodemus / John 3:1-17
6.30pm - Evening Worship / Conversations with Jesus: Nicodemus / John 3:1-17

If you can't join us in person, we are live-streaming our 11am service. You can watch this by visiting stpaulsealing.com and scrolling down to the 'Sunday Online' section on the homepage, or click on the livestream button on the app. The service is now streaming on our YouTube channel too for those who are watching via Smart TV and there is a St Paul's Ealing app on AppleTV.

At 10am watch our Kids Online service by visiting https://www.facebook.com/stpaulskidsealing

Youth join together, in person: Younger youth (Yrs 7-9) at 5pm and Older youth (Yrs 10-13) at 6.30pm. Book your place via stpaulsealing.com/group/youth. The key information that you will need to know will be sent to you in the confirmation email.

Sunday Morning Ministry on Zoom / 11.45am

There is an opportunity for prayer ministry after our 11am Sunday service has finished, from 11.45am to 12pm. If you would like someone to pray for you then straight after the service you can click on the Zoom link next to the Livestream on the St Paul's website. This will take you into a Zoom call where you'll be connected with two members of the prayer ministry team who will pray for you for a few minutes. For more info please contact either chris@stpaulsealing.com, jacqui@stpaulsealing.com or lindsay@stpaulsealing.com

Sunday morning Coffee & Community on Zoom / 12 noon

At midday on Sunday we'll be gathering for after service coffee and community time via the Zoom link next to the Livestream on the St Paul's website. Mark, Lindsay, Chris and Nell will be hosting this call and we look forward to welcoming you. The call will last 30 minutes and breakout rooms of 4-5 people (depending on numbers) will be set up.

Clocks change next Sunday

Please remember the clocks go back 1 hour next Sunday, 25 October

St Paul's AGM

Monday 19 October / 7.45pm / St Paul's Ealing

This year's APCM will certainly be an unusual one, like so much of this year is turning out to be. It is the meeting where we look back on 2019. We will be making this a very simple formal meeting to conclude the business of the PCC and take any questions that you may have. We will be meeting in church this coming Monday, 19 October, at 7.45pm. As we will all have to be wearing masks please can we ask you to submit any questions via email beforehand if possible. Please send questions to office@stpaulsealing.com. It will be important that we book in for this meeting so please go to the click here to book in to register your intention to attend.

Hungry

Next Tuesday evening, 27 October, at 8pm we've got our next Hungry. We'll be online via Zoom this month and our focus this term is on prayer. To join in with Hungry, you can access the call via our website www.stpaulsealing.com.

Alpha Online

Wednesday nights / 8-9.30pm / Zoom

We've had a great start to Alpha Online on Wednesday nights and it's not too late to join! Alpha is a space to explore questions of life and faith in relaxed and open environment. This autumn we will be connecting on Zoom and using the Alpha Film Series as we journey together. Alpha is designed for this who would not currently say they are Christians and are open/intrigued to find out more. It is also useful for those who are Christians to take a fresh look at the fundamentals of faith and ask those challenging questions. Everyone is welcome! To sign up simply head to the St Paul's website or email Ben Strain ben@stpaulsealing.com or Tim Radcliffe tim@stpaulsealing.com

Young Adult Life Groups

Life Groups are our midweek small groups and a great way to build friendships and explore more of what it means to live out our faith today. This autumn we are launching/relaunching 3 YA Life Groups for those in their 18-30s:
- Coral and John Powell / Tuesday nights online / "We'll be exploring the message of justice in the minor prophets and what it means for us today using material from Bibleproject.com"
- Oscar and Tamlyn Carshagen / Tuesday nights online / "We'll be exploring some spiritual practises that can shape us to reflect Jesus more using material from practicingtheway.org"
- Ben and Lydia Strain / Tuesday nights online / "We'll be journeying through the brilliant and highly practical 'Prayer Course' from 24/7 Prayer."

You can sign up for any life group online or speak to Ben Strain or David Cervera about the Young Adult Groups.

Prisons Week

'Prisons Week' is running from 11-17 October. As a church we have been working in Wormwood Scrubs for more than 20 years and at our services we are hearing from Alan & Alison Browne about that ministry. Each year, Prisons Week aims to encourage prayer and awareness of the needs of prisoners and their families, victims of offenders, prisons staff and all those who care. It motivates volunteers to step forward and give their time and gifts, in prisons and in their own communities. If you'd like to find more about this, or would like some ideas of what to pray for you could visit: www.prisonweek.org

Life Groups

At St Paul's we have a number of Life Groups that meet during the week. They are a place where we can develop relationships; sharing life together, exploring & growing in faith together and praying together. We have Core Life Groups that meet throughout the year, interest Life Groups that are focused on a particular activity usually for a term at a time, and Courses. There are some new Core Life Groups starting soon. To find details about them do visit our website. If you have a particular interest that you think could run as a life group this term then please do contact Monica Backes (lifegroups@stpaulsealing.com) with the details.

If you'd like to find out more or join a Life Group then you can find more details on stpaulsealing.com or you can contact Phil & Sue George (sue.george23@gmail.com)

Volunteers / Sunday Kids Groups

Our hope is to bring back our Sunday Groups in November, which we are really excited about. In order for this to happen, we are needing more volunteers to join our team to ensure we can bring back our groups safely. If you are able to volunteer and serve on our kids team please let us know. We can't wait to be able to start our Sunday Groups again in person! Contact / Tamlyn Carshagen - tamlyn@stpaulsealing.com

Volunteers / Sound, AV & Live Stream Operators

As we come back together in the building, there are many great opportunities to join our production team. We have two spaces on our sound team and one space on our AV team (operating lyrics, videos and news slides etc) to fill our current rota. If you have previous experience in either of these roles this would be great, especially if you are interested in the sound engineer/operator position, however we will provide as much training as necessary for you to feel comfortable in these roles. Moving forward we'd also like to grow a broadcast sound team for our livestream - this will be a second sound team focusing on the service mix, and especially the worship team that will be broadcasted live via our online stream.

As you are probably now aware we are now streaming our 11am service. We need a new team of people to volunteer to operate the cameras via a video mixer. We would love to grow this team to cover 4 operators over a month at the 11am service, as well as thinking about the future and how we might grow the team to cover the evening service too. Again, extensive training for this position will be provided. We ask for committed volunteers on our teams to enable things to run smoothly across our services. Contact / David Cervera - david@stpaulsealing.com

Connect

Connect, our women's cluster is now running with a mix of face to face in the church and zoom. This coming Thursday, 22 October, at 10-11.30am, we will be focusing on session 4 of 'The Bible Course', an 8 session course. We'll start at 10am with a video in the main auditorium and split into our smaller groups for discussion, socially distanced. These groups can all be accessed on zoom for those who don't wish to attend in person, in which case you can watch the video the evening before, hosted by Nell Fox. If you would like to join a Connect group or for more information, contact Lindsay Melliush, lindsay@stpaulsealing.com. All women welcome and please book your place via the church website, come with a face covering and your own drink. Children welcome and please keep them by your side with their own toys as we can't currently run the creche. See you there!

Cycling Buddies

With a greater emphasis on the care of our environment and as an encouragement to get us all on our bikes and away from our cars and public transport, Richard Bourchier has kindly set up a Cycling Buddies scheme. So, if you would like to begin to use your bike to cycle to work or even just to be given more confidence to cycle locally, we have a team of enthusiastic cyclists who will take you out or cycle to work with you. We have men and women offering to buddy people. If you'd like to know more or to take up this offer please contact Richard directly richard@bourchierhq.com

High School References

If you are applying for a high school place for your child for next year and need a reference form completed by St Paul's please either bring the form to the church office in person, or you can email a copy to Mark, mark@stpaulsealing.com and we will ensure that these are returned to you.

Playschool places available for 2020/21

The St Paul's Community Playschool is now taking applications for 2020/21. Click here for more information and check out the Facebook page St Paul's Community Playschool. A socially distanced visit to the premises with Rebecca Myhan can be arranged. Do get in touch via playschool@stpaulsealing.com

Wednesday Communion

Our midweek Wednesday Communion service are back in St Paul's at 9.30am. It will take place in the main part of the church, rather than the Chapel so please come in via the main entrance. When you arrive you can check-in and sanitise your hands before taking your seat. You will need to be wearing a mask and socially distance when you are in the church. We will also be live-streaming this via the St Paul's website (stpaulsealing.com). We look forward to seeing either in person or to see you online.

St Paul's Wholeness Centre / Healing Prayer

Monday 19 October / 8-9pm

Every 3rd Monday of the month, as part of the Wholeness Centre at St Paul's, we offer prayer for healing. You can join us via Zoom to be prayed for (link on our website www.stpaulsealing.com via the Wholeness Centre or Prayer tabs). You will be welcomed in and then prayed for by two people in a Zoom Breakout Room. However, if you have a specific prayer request but can't join the call during this time please do contact Jacqui Hawkins on wholeness@stpaulsealing.com

St Paul's Wholeness Centre / Counselling and Therapy Opportunities

We have currently ceased to offer all face to face therapy and counselling until restrictions ease, which we hope will be in the not too distant future.

We are pleased, however, to have been able to move to a 'remote' counseling and therapy service (telephone/other internet-based platforms) for those who are currently receiving support through the Centre and this is working well for many of our clients.

If you are looking for therapeutic support at this time and are interested in exploring whether this remote way of working might suit you, then an initial appointment would help you decide. We invite you, therefore, according to our referral process, to send an email to the Wholeness Centre Administrator, Jacqui Hawkins via wholeness@stpaulsealing.com. You will then receive an application form to complete, and once we have reviewed your referral and deemed it suitable for our service, we will contact you to offer an initial appointment.

Children's Ministry in the coming months

Over the last few weeks it has been wonderful to see children going back to school, being able to interact with each other and return to some sort of 'normal' for them.

As St Paul's Children's Ministry, it is our desire to start meeting again with our children as we grow to love Jesus more and more. There is limitations to this under the current guidelines from The Church of England, which are subject to change. That being said, we are praying, planning and hoping that we will be able to do the following in the coming months.

Online Family Worship Service

We are going to continue our online family worship service, as we look at handling our emotions and how God is always there for us no matter what we are feeling. We will be premiering this live on Facebook at 10am each Sunday, where you will be able to comment along and interact with one another. Our service will also be available from 8am each Sunday on our YouTube channel. This will enable families who are not able to join us at 10am, to watch the service when it suits them.

Great and Small online

Ruffy, Tamlyn and John will be going live on Facebook this coming Wednesday at 11am for Great and Small. We will be singing songs and hearing a story. We would love for you to join in, it will also be available on our YouTube channel afterwards.

Life Groups

Our Children's Life Groups for Year 1-6's are starting this week and here are a few spaces left!

Please go to https://stpaulsealing.com/kids-videos/ to book your child into a group.

Sunday Groups

Our hope is to bring back our Sunday Groups from November. This will most probably be in a phased approach, with the older groups coming back first. This is subject to what the guidelines will be in November, but this is what we are hoping and planning towards.

In the meantime, be sure to connect with us on Facebook, Instagram and YouTube @stpaulsealingkids

We are praying for each child who is part of St Paul's and we can't wait to meet again in person.

Contact / Tamlyn Carshagen - tamlyn@stpaulsealing.com

Youth Ministry

Join us this Sunday, we can't wait to gather in person, as older (Yrs 10-13) and younger (Yrs 7-9) youth to worship, pray and have fun together! We won't be hosting our Sunday Google meets sessions so make sure you don't miss out! Sign up:

Younger Youth / St Mellitus Church / 5pm

Older Youth / St Paul's Main Hall / 6.30pm

Please note that you will need to book your child a place each week, via stpaulsealing.com/group/youth

You can have fun, learn more about Jesus and ask lots of questions by joining us every Wednesday! We meet online, so follow the links below:

Older Youth / 5.30pm / https://meet.google.com/ebo-nfub-rci

Younger Youth / 7pm / https://meet.google.com/yfz-izgx-wnf

Please get in touch for support or information via email

Contact / Izzy Cole - izzy@stpaulsealing.com

Thursday Morning Prayer Meeting

Thursday morning is our church prayer meeting. We pray from 7-7.45am so why not join us from your home via Zoom. Follow the button on the website homepage and Mark will let you into the call. For more information contact Mark Melliush via mark@stpaulsealing.com

Please pray for..

Professional Sport - Give thanks for the live sport that has been able to played and enjoyed since the Summer. Give thanks for all those who are working hard to organize games and events in difficult circumstances. Pray for clubs and organisations facing financial challenges.

Children's Life Groups - Pray the children's life groups that have started recently in church. Give thanks for them and pray for each member and leader of these groups: that together they would know more of Jesus and His love this year.

Thailand - Please pray for Thailand after a recent government crackdown on rallies and protests calling for reform in the country's political system. Pray for justice, transparency and peace.

Vaccine - Please pray for all those working to create a vaccine against the Coronavirus. Please for God's strength and favour in their work.

Giving at St Paul's

If your usual practice is to give to the ministry and mission of St Paul's by putting money in the collection or using the weekly envelopes did you know you can give via bank transfer (St Paul's Ealing PCC / Lloyds Bank / Account number: 00802540 / Sort Code: 30 92 82) or for those coming physically coming there will be a basket by the exit for an offering. If you have started, or intend to start giving in this way please let our treasurer (Vicky Read) know: vicky@stpaulsealing.com

Ealing Foodbank update

The Foodbank is needed more than ever at this time. Foodbank cafes are currently closed, and they are only distributing food for those with food vouchers from St Mellitus Church between 10-12am on Monday, Tuesday, Thursday, Friday & Saturday. They have set Wednesday, 10am-4pm, aside as a day for delivery of donations. This month they are looking for the following:

Mayo; Ketchup; Tinned vegetables; Tinned Soup; Tinned fruit; Baked beans; Biscuits; Savoury biscuits & crackers; Long life fruit juice; Squash; Vegetarian Chilli, Curry & Pies (Fray Bentos); Tinned fish; Ready made custard (tins or cartons); Jam; Peanut butter; Nappies (size 5&6)

So if you are able, please drop these to the warehouse (St Mellitus Church Hall, Fenwick, W7 3BB) @ealingfoodbank (10am-4pm). If you are able to volunteer to help in any way, please contact Janet Melliush on 07769 759756 or email info@ealing.foodbank.org.uk.