

Second Week of Advent
Monday 7 December 2020

Reflection 9 – Day 9
A cup of tea for the soul

“Comfort, O comfort my people, says your God” (Isaiah 40.1).

In this time of preparation, we see the time in which the prophesying of John’s crying out in the wilderness was made. Jerusalem had had a difficult time, *“she has received from the Lord’s hand double for all her sins”*, but that time was coming to an end, *“she has served her term” (v.2).*

It is in this light that the call to comfort her was made! She has served her term, her trouble is coming to an end and once the way of the Lord is prepared, He shall come and *“Then the glory of the Lord shall be revealed, and all people shall see it together” (v.5).*

It is this gift of comfort that God brings. It is God’s instruction for his people, represented by the personification of Jerusalem, to receive comfort. God’s wish is for you to know comfort!

My hope is for you, as you read this, to receive and know the deep rivers of comfort that God brings to you which warm your heart, like a cup of tea for the soul.

O Lord,

Come to me now, I pray. Abide deep within my soul, that I may never go without knowing your comfort. You are the warmth in the cold, the light in the dark, the joy in the sadness. Holy Spirit, help me to always know this. Be with me and walk with me today and forevermore.

Amen.