



### ***This Sunday 21 February***

**Join us online for our Sunday services.**

You can watch these services by visiting [stpaulsealing.com](http://stpaulsealing.com) and scrolling down to the 'Sunday Online' section on the homepage, or click on the livestream button on our app. The services are also streaming on our *YouTube channel* for those who are watching via Smart TV and there is a *St Paul's Ealing app* on AppleTV.

**9.15am & 11am** Morning Worship / Lessons from the wilderness - Exile / Moses - dependence in weakness / Exodus 3:1-14  
**6.30pm** Evening Worship / Promises for Life / I will restore you / Jeremiah 21:4-14

**At 10am, watch our Kids online service** by visiting <https://www.facebook.com/stpaulskidsealing>

### **Sunday Ministry on Zoom**

There is an opportunity for prayer ministry after our 9.15am, 11am & 6.30pm Sunday services have finished. If you would like someone to pray for you then straight after the service you can click on the Zoom link next to the Livestream on the St Paul's website. This will take you into a Zoom call where you'll be connected with two members of the prayer ministry team who will pray for you for a few minutes. For more info please contact either [jacqui@stpaulsealing.com](mailto:jacqui@stpaulsealing.com) or [lindsay@stpaulsealing.com](mailto:lindsay@stpaulsealing.com)

### **Sunday Coffee & Community on Zoom**

After our Sunday services we'll be gathering for coffee and community time via the Zoom links on the Sunday Online page of the St Paul's website. We look forward to welcoming you. The call will last 30 minutes and breakout rooms of 4-5 people (depending on numbers) will be set up.

## ***Church Life***

### **Weekly Lent Reflections – 'Journeying towards the light'**

Join us this Lent as we 'journey towards the light' from Ash Wednesday through to the joy of Easter Sunday. Each Wednesday, starting from 17 February (Ash Wednesday), an email will be sent to your inbox with a 5-7 minute reflection and prayer from Simeon Thorne which can be accessed either as a video or simply read through as text. Our prayer is that as we do this together we will draw closer to Jesus and know more of His hope in our lives. To sign up for these reflections go to [stpaulsealing.com](http://stpaulsealing.com)

Contact / Simeon Thorne / [simeon@stpaulsealing.com](mailto:simeon@stpaulsealing.com)

### **Hungry**

#### **Tuesday 23 February 8-8.45pm / via Zoom**

Join us online for our next Hungry evening. It's a great opportunity to take time to seek more of God's presence through worship, prayer and ministry in the power of the Spirit. You can join Hungry on zoom via our website. For more information please contact **Chris Fox** via [chris@stpaulsealing.com](mailto:chris@stpaulsealing.com)

### **Appeal for laptop & tablet donations**

If you, your workplace or other contacts can donate some new, old, unwanted or refurbished laptops/tablets, please let Simon know. There are families at a school in Southall who are in desperate need of a suitable device. Your donation will help their children to learn and complete their daily remote learning. For more info contact **Simon Richardson** via [simon@stpaulsealing.com](mailto:simon@stpaulsealing.com)

### **Sustainability Interest Group**

#### **Last Thursday Evening of each month**

A new interest group is started on Thursday 28 January, and is focused around sustainability. They will next meet on 25 February at 7pm on zoom, and will be discussing why, we as Christians, should be caring for our planet and how we can help each other do this. If you are interested visit our [website](http://website) or contact Jack ([jack@stpaulsealing.com](mailto:jack@stpaulsealing.com)) or Anusha ([anusha.couttigane@gmail.com](mailto:anusha.couttigane@gmail.com))

### **Life Groups**

At St Paul's we have a number of Life Groups that meet during the week. They are a place where we can develop relationships; sharing life together, exploring & growing in faith together and praying together. We have Core Life Groups that meet throughout the year, Interest Life Groups that are focused on a particular activity usually for a term at a time, and Courses. There are some new Core Life Groups starting soon. To find details about them do visit our website. If you have a particular interest that you think could run as a life group this term then please do contact **Monica Backes** ([lifegroups@stpaulsealing.com](mailto:lifegroups@stpaulsealing.com)) with the details.

If you'd like to find out more or join a Core Life Group then you can find more details on [stpaulsealing.com](http://stpaulsealing.com) or you can contact **Phil & Sue George** ([sue.george23@gmail.com](mailto:sue.george23@gmail.com))

### **Wednesday Communion**

We will be live-streaming our 9.30am Wednesday Communion service this via the St Paul's website ([stpaulsealing.com](http://stpaulsealing.com)) or click on the livestream button on our app. The service will also be streaming on our *YouTube channel* for those who are watching via Smart TV and there is a *St Paul's Ealing app* on AppleTV.

## ***Women***

### **Connect for women**

Connect are meeting as usual this Thursday 25 February .... on zoom of course (sigh) continuing with our Romans studies. Join at 9.45am (zoom link on the website) with a coffee for chat and get ready for a 10am welcome and worship. And then join your group via a separate zoom link for the group study. Our programme is on the website just next to the 9.45am zoom link. More info from your group leader or if you're not in Connect and you'd like to be, contact me and I'd love to arrange it for you.

Contact / Lindsay Melliush / [lindsay@stpaulsealing.com](mailto:lindsay@stpaulsealing.com)

## ***Children's Ministry***

### **Online Family Worship**

Join us for our Online Family Worship on Sunday mornings, we are continuing our series on the life of Jesus. You can watch on Youtube from 8am and we will be live on Facebook at 10am. Tamlyn has also emailed activity sheets to go along with the lesson, to all parents. We hope to see you there!

### **Life Groups**

Life Groups are starting this coming week on Zoom from Nursery - Year 6. Sign up online to receive the Zoom link. <https://stpaulsealing.com/group/kids/>

## ***Youth News***

### **Socials**

Among us  
Sunday / years 10-13 / 6pm / Zoom  
Each week we play Among us. Join us as we play the popular game together! You can find the link on the website.

### **Midweek**

Lifegroups  
You can join our small groups throughout the week. It's a great opportunity to make friends and ask questions about faith. For more information contact Izzy Cole  
Wednesday night Youth  
7pm / Every Wednesday / Years 7 - 9  
With our younger youth we compete in fun challenges, chat about the bible & this term we're looking at the Beatitudes in Matthew 5

### **Sunday**

Younger Youth  
Sunday / years 7-9 / 5pm / Zoom  
We play games, catch up with friends and hear all about our favourite Psalms  
Upper Room  
Sunday / year 10-13 / 6.30pm / Zoom  
We're interested in what you're watching on Netflix, YouTube & TikTok. Join in with us each week to chat about your favourites.

### **Social Media**

Follow us on Tiktok & Instagram @ealing\_youth  
You can find all the links you'll need on the website <https://stpaulsealing.com/group/youth/>  
To sign up to the mailing list, for support or information please email Izzy Cole - [izzy@stpaulsealing.co](mailto:izzy@stpaulsealing.co)

## ***St Paul's Wholeness Centre***

### **Counselling and Therapy Opportunities**

We have currently ceased to offer all face to face therapy and counseling until restrictions ease, which we hope will be in the not too distant future.

We are pleased, however, to have been able to move to a 'remote' counseling and therapy service (telephone/other internet-based platforms) for those who are currently receiving support through the Centre and this is working well for many of our clients.

If you are looking for therapeutic support at this time and are interested in exploring whether this remote way of working might suit you, then an initial appointment would help you decide. We invite you, therefore, according to our referral process, to send an email to the Wholeness Centre Administrator, **Jacqui Hawkins** via [wholeness@stpaulsealing.com](mailto:wholeness@stpaulsealing.com). You will then receive an application form to complete, and once we have reviewed your referral and deemed it suitable for our service, we will contact you to offer an initial appointment.

## ***Prayer***

### **Please pray for..**

**UK Poverty** – Please pray for families, couples and individuals struggling to make ends meet and put food on the table, heat their homes and pay bills. Pray for those whose income has been affected because of the pandemic. Pray for provision and for services and charities seeking to help.

**Vaccine** – Please give thanks for the roll out of the vaccine to so many and pray that this will continue at a quick pace. Pray for the number of Covid infections to decline rapidly and the life of the nation to be able to open up soon.

**Local Businesses** – Please pray for our local businesses in Ealing as sales continue to be affected because of the pandemic. Pray for provision and peace for all those employed by them.

**Delivery Drivers** – Please pray for all those who work delivering parcels or food to people's homes. In a sector where people are often treated poorly by employers we pray for fair pay and a healthy work practices. Pray for God's protection and blessing over them.

### **Thursday Morning Prayer Meeting**

Our Thursday morning church prayer meeting is from 7–7.45am, so why not join us next week from your home via Zoom. Follow the button on the website homepage and Mark will let you into the call.  
For more information contact **Mark Melliush** via [mark@stpaulsealing.com](mailto:mark@stpaulsealing.com)

## ***Ealing Foodbank update***

The Foodbank is needed more than ever at this time. Foodbank cafes are currently closed, and they are only distributing food for those with food vouchers from St Mellitus Church between 10-12am on Monday, Tuesday, Thursday, Friday & Saturday. They have set Wednesday, 10am-4pm, aside as a day for delivery of donations. This month they are looking for the following:

**UHT Milk, semi-skimmed or full-fat, not skimmed • Long Life Fruit juice or squash • Tinned Fish • Savoury biscuits and crackers • Ready Made Custard, Cans or Cartons • Vegetarian Chilli or Curry • Tinned Tomatoes • Peanut Butter • Shaving Gear - Foam & Razors • Sanitary Towels (not tampons or panty liners)**

So if you are able, please drop these to the warehouse (St Mellitus Church Hall, Hanwell, W7 3BB) on Wednesdays (10am-4pm). If you are able to volunteer to help in any way, please contact Janet Fletcher on 07769 759756 or email [info@ealing.foodbank.org.uk](mailto:info@ealing.foodbank.org.uk).

### **Ealing Foodbank Vacancy**

Deputy Manager (fixed term contract) for Ealing Foodbank  
We are looking for someone to cover maternity leave from April 2021 to (at the latest) May 2022. The successful applicant will have a passion to help those who find themselves in food crisis, share our vision to work for a future where foodbank's are not needed and have excellent admin skills.

This is a paid, full time post, based in our office in Hanwell, and the closing date is Friday 26 February. The application form, full job description and person specification are available on our website <https://ealing.foodbank.org.uk/2021/02/12/deputy-manager-mat-cover/>

## ***Giving***

### **Giving at St Paul's Ealing**

If your usual practice is to give to the ministry and mission of St Paul's by putting money in the collection or using the weekly envelopes did you know you can give via bank transfer (St Paul's Ealing PCC / Lloyds Bank / Account number: 00802540 / Sort Code: 30 92 82) or for those coming physically coming there will be a basket by the exit for an offering. If you have started, or intend to start giving in this way please let our treasurer, **Vicky Read** know via [vicky@stpaulsealing.com](mailto:vicky@stpaulsealing.com)