



Wednesday 31 March 2021

Through Him

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgement, that the light has come into the world and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.” John 3.17-21

Do you ever forget what you’ve been doing? Or if you had been driving or walking home and someone asks how the journey was, would you be able to remember each and every detail? It’s quite possible that you would have actually forgotten, or even not taken this information in.

I remember driving off the motorway once and then thought back to how I had changed lanes and somehow managed to avoid all of the other cars but couldn’t remember how I had quite got there.

On researching this “autopilot” mode that we can sometimes drift into, I found that it is a phenomenon called “Default Mode Network”. This is a way that your brain can process information and tasks that are familiar and save you brain power and energy in the process.

Sometimes I feel that this can happen with us and Jesus. We can forget why we go to church and sometimes just go through the motions. But more so, we can even sometimes forget quite why Jesus came to earth in the first place and why we believe in him.

This passage, however, helps to shine a light to clearly show us why the Son of God did come down. In fact, one verse previous, the author of the Gospel writes that, *“For God so loved the world that he sent his one and only Son, that all who believe in him may have eternal life”* (v16).

This Easter week, as we prepare and look forward to the Easter weekend, let's not forget why Jesus came; that those who believe in him can be saved through him! All we need to do is to say, Jesus, I've messed up. Jesus, I need you. Jesus, please come into my life and be my friend and Saviour.

While we are all well aware of our own shortcomings, let's not forget that Jesus loves to rescue those who need rescuing!

I want to challenge you this Easter 2021 to not go on to autopilot, but to make a conscious effort to meet with your Lord Jesus. Don't just go through the motions, but go to church expecting to meet with Jesus, expecting to be filled with the Holy Spirit and to know his love and peace in this year which has been so full of heart-ache and stress.

Thank you, Lord Jesus, for all that you have done. Thank you for doing all that you did, knowing that it was my sin piercing your hands and feet. I am sorry for all the times that I have forgotten what you have done for me. Convict me again and help me to fall in love with you afresh this Easter, my Lord and my God.
Amen